

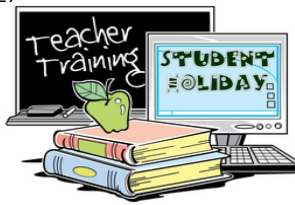


La Academia Middle School Breakfast Menu October 2023

Monday	Tue s d a y	Wednesday	Thur s d a y	Friday
2 Cereal Variety 2 oz 100% Fruit Juice Assorted Fruit Cups Milk Variety	3 WG Cinnabar 100% Fruit Juice Assorted Fruit Cups Milk Variety	4WG Strawberry Boli 100% Fruit Juice Assorted Fruit Cups Milk Variety	5 WG Pull-a-Part Don u t 100% Fruit Juice Assorted Fruit Cups Milk Variety	6 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety
9 Indi g eno us People's Day	10 Cereal Variety 2 oz 100% Fruit Juice Assorted Fruit Cups Milk Variety	11 Pop-Tarts Variety 100% Fruit Juice Assorted Fruit Cups Milk Variety 	12 Mini Donuts 100% Fruit Juice Assorted Fruit Cups Milk Variety	13 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety
16 Cereal Variety 2 oz 100% Fruit Juice Craisins, Water mel on Milk Variety	17 Turkey Saus Breakfast Pizza 100% Fruit Juice Assorted Fruit Cups Milk Variety	18 Bagelfulls Variety 100% Fruit Juice Assorted Fruit Cups Milk Variety	19 Breakfast Stuffer, Turkey Ham& Ch ees e 100% Fruit Juice Assorted Fruit Cups Milk Variety	20 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety
23 Cereal Variety 2 oz 100% Fruit Juice Assorted Fruit Cups Milk Variety	24 Maple Waffle Chicken Sausage 100% Fruit Juice Assorted Fruit Cups Milk Variety	25 Pop-Tarts Variety 100% Fruit Juice Assorted Fruit Cups Milk Variety	26 Pancake Bites, IW 100% Fruit Juice Assorted Fruit Cups Milk Variety	27 
30 Cereal Variety 2 oz 100% Fruit Juice Assorted Fruit Cups Milk Variety	31 WG Cinnabar 100% Fruit Juice Assorted Fruit Cups Milk Variety			



La Academia High School Breakfast Menu October 2023

Monday	Tue s d a y	Wednesday	Thur s d a y	Friday
2 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Milk Variety	3 WG Cinnabar 100% Fruit Juice Assorted Fruit Cups Milk Variety	4WG Strawberry Boli 100% Fruit Juice Assorted Fruit Cups Milk Variety	5 WG Pull-a-Part Don u t 100% Fruit Juice Assorted Fruit Cups Milk Variety	6 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety
9 Indi g eno us People's Day	10 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Milk Variety	11 Pop-Tarts Variety 100% Fruit Juice Assorted Fruit Cups Milk Variety 	12 Mini Donuts 100% Fruit Juice Assorted Fruit Cups Milk Variety	13 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety
16 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Craisins, Water mel on Milk Variety	17 Turkey Saus Breakfast Pizza 100% Fruit Juice Assorted Fruit Cups Milk Variety	18 Bagelfulls Variety 100% Fruit Juice Assorted Fruit Cups Milk Variety	19 Breakfast Stuffer, Turkey Ham & Ch ees e 100% Fruit Juice Assorted Fruit Cups Milk Variety	20 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety
23 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Milk Variety	24 Maple Waffle Chicken Sausage 100% Fruit Juice Assorted Fruit Cups Milk Variety	25 Pop-Tarts Variety 100% Fruit Juice Assorted Fruit Cups Milk Variety	26 Pancake Bites, IW 100% Fruit Juice Assorted Fruit Cups Milk Variety	27 
30 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Milk Variety	31 WG Cinnabar 100% Fruit Juice Assorted Fruit Cups Milk Variety			