## La Academia Middle School Breakfast Menu October 2023

Monday	Tue sd a y	Wednesday	Thur sd a y	Friday
2 Cereal Variety 2 oz 100% Fruit Juice Assorted Fruit Cups Milk Variety	3 WG Cinnabar 100% Fruit Juice Assorted Fruit Cups Milk Variety	4WG Strawberry Boli 100% Fruit Juice Assorted Fruit Cups Milk Variety	5 WG Pull-a-Part Don u t 100% Fruit Juice Assorted Fruit Cups Milk Variety	<ul> <li>6 Cereal Variety 2 oz Yogurt Variety - 4 oz.</li> <li>100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety</li> </ul>
9 <mark>Indi g eno us</mark> People's Day	10 Cereal Variety 2 oz 100% Fruit Juice Assorted Fruit Cups Milk Variety	11 Pop-Tarts Variety 100% Fruit Juice Assorted Fruit Cups Milk Variety	12 Mini Donuts 100% Fruit Juice Assorted Fruit Cups Milk Variety	Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety
16 Cereal Variety 2 oz 100% Fruit Juice Craisins, Water mel on Milk Variety	<sup>17</sup> Turkey Saus Breakfast Pizza 100% Fruit Juice Assorted Fruit Cups Milk Variety	18 Bagelfulls Variety 100% Fruit Juice Assorted Fruit Cups Milk Variety	19 Breakfast Stuffer, Turkey Ham& Ch ees e 100% Fruit Juice Assorted Fruit Cups Milk Variety	<sub>20</sub> Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety
23 Cereal Variety 2 oz 100% Fruit Juice Assorted Fruit Cups Milk Variety	24 Maple Waffle Chicken Sausage 100% Fruit Juice Assorted Fruit Cups Milk Variety	25 Pop-Tarts Variety 100% Fruit Juice Assorted Fruit Cups Milk Variety	26 Pancake Bites, IW 100% Fruit Juice Assorted Fruit Cups Milk Variety	NO SCHOOL TODAY
30 Cereal Variety 2 oz 100% Fruit Juice Assorted Fruit Cups Milk Variety	31 WG Cinnabar 100% Fruit Juice Assorted Fruit Cups Milk Variety			
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<ul> <li><sup>2</sup> Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Milk Variety</li> </ul>	<sup>3</sup> WG Cinnabar 100% Fruit Juice Assorted Fruit Cups Milk Variety	4WG Strawberry Boli 100% Fruit Juice Assorted Fruit Cups Milk Variety	5 WG Pull-a-Part Don u t 100% Fruit Juice Assorted Fruit Cups Milk Variety	<ul> <li>6 Cereal Variety 2 oz Yogurt Variety - 4 oz.</li> <li>100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety</li> </ul>
<sup>9</sup> Indi g eno us People's Day	10 Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Milk Variety	11 Pop-Tarts Variety 100% Fruit Juice Assorted Fruit Cups Milk Variety EARLY DISMISSAL	<sup>12</sup> Mini Donuts 100% Fruit Juice Assorted Fruit Cups Milk Variety	Cereal Variety 2 oz Yogurt Variety - 4 oz. 100% Fruit Juice Assorted Fruit Cups Cinnamon Granola Milk Variety
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