

# Middle School Lunch Menu August 2023

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9 	10	11 
14	15	16	17	18
21 	22 Lasagna Roll up T Sauce green beans Lunchables - Turkey Ham and Cheese Pizzaboli, IW Baby Carrots Hummus Chocolate Apple, Slices Nature Valley Chocolate Chip Crisps Milk Variety	23 Turkey Bologna, Salami and Cheese Sandwich Mango Splash Juice 6 oz Bananas, raw Kellogg's Rice Krispies LG Sunchips Cheddar Milk Variety	24 Chicken Nuggets, General Tso w/Rice and Broccoli Frozen Fruit Cup Variety - Tabatchnick Cinnamon Roll WG Milk Variety	25 Stuffed Crust Cheese Pizza Broccoli, raw Marinara Sauce Welch's Fruit Slush Variety Milk Variety Buttermilk Ranch Dressing, Ke n's Pudding (vanilla, tapioca, chocolate)
28 BBQ Rib Sandwich, MMA, WG Baby Carrots Hummus Chocolate Apple, Slices Fruit Snacks Milk Variety Buttermilk Ranch Dressing, Ke n's	29 Chicken Nuggets with Hash Brown Rounds Hummus Chocolate Bananas, raw Nature Valley Chocolate Chip Crisps Milk Variety BBQ, Sauce Natural Ketchup	30 8oz. yogurt variety WG Chocolate Chip Waffle Vegetable Assortment Fresh Fruit Variety Kellogg's Rice Krispies LG Milk Variety	31 Cheesy Pull Apart Italian Mango Splash Juice 6 oz Frozen Fruit Cup Variety - Tabatchnick Marinara Sauce Sunchips Cheddar Milk Variety	

# High School 9 - 12 Lunch Menu August 2023

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9 	10	11 
14	15	16	17	18
21 	22 Lasagna Roll up T Sauce green beans Lunchables - Turkey Ham and Cheese Pizzaboli, IW Baby Carrots Hummus Chocolate Apple, Slices Fresh Fruit Combo Milk Variety	23 Turkey Bologna, Salami and Cheese Sandwich Baby Carrots Mango Splash J. 6oz Bananas, raw Fresh Fruit Combo Fresh Fruit Variety Kellogg's Rice Krispies Sunchips Cheddar Milk Variety	24 Chicken Nuggets, General Tso w/Rice and Broccoli Baby Carrots Fresh Fruit Combo Frozen Fruit Cup Variety Cinnamon Roll WG Milk Variety	25 Stuffed Crust Cheese Pizza Baby Carrots Broccoli, raw Fresh Fruit Combo Fruit Slush Variety Marinara Sauce Milk Variety Buttermilk Ranch Dressing, Ke n's Pudding (vanilla, tapioca, chocolate)
28 BBQ Rib Sandwich, MMA, WG Baby Carrots Hummus Chocolate Apple, Slices Fresh Fruit Combo Nature Valley Chocolate Chip Crisps Milk Variety Buttermilk Ranch Dressing, Ke n's	29 Chicken Nuggets with Hash Brown Rounds Baby Carrots Hummus Chocolate Fresh Fruit Combo Frozen Fruit Cup Variety Cinnamon Roll WG Milk Variety BBQ, Sauce Natural Ketchup	30 8oz. yogurt variety WG Chocolate Chip Waffle Baby Carrots Vegetable Assortment Fresh Fruit Combo Fresh Fruit Variety Kellogg's Rice Krispies Milk Variety	31 Cheesy Pull Apart Italian Baby Carrots Mango Splash J. 6oz Bananas, raw Fresh Fruit Combo Marinara Sauce Sunchips Cheddar Milk Variety	